

## Sunday November 6th 2022

## Long Walk – Creag an Sgor (634m) and The Socach (577m)

This A to B route in Glen Buchat will begin at the parking area of Glenbuchat Hall (NJ 375162) from where we'll shuttle cars to the end point of the walk. Then we start walking on road and track through Belnacraig and via a hill track steeply up to the ridge below Meikle Firbiggs. Heading north and west on a high-level track we branch off to reach the main top of the day, Creag an Sgor (634m) with views of The Buck, The Cabrach and Glen Buchat. Dropping down to re-join the track we continue westwards circling north of Creag na Gamhna before descending to the abandoned farm at Ryntaing. From here it's a steady ascent on a combination of track and rough heather/grass to reach the rounded top of The Socach (577m) where we get good views of the route just walked. Dropping down steeply by Glenbuchat Lodge we soon reach the cars parked at the forestry entrance (NJ 336186).

**Total distance 14km, ascent 670m. Time 5 – 6 hours. OS Map 37**. While the route is mostly on track a **reasonable level of fitness is required** for the rough ground on The Socach.

Meet at St Peter's Heritage Centre, Peterculter at 8:30am or Glenbuchat Hall at 9:45am (NJ 375162)

**Book** through the Long Walk Coordinator **John Adams by Wednesday Nov 2<sup>nd</sup>.** Please indicate if you are willing to drive or need a lift.

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## Saunter - Pressendye NJ490090

This walk will start from the car park at Muirton Wood NJ485052 and after a short walk on the verge of the B9119 will follow paths beside fields and through forest to the open ground at the 500m contour and onto the summit. The return will be on tracks, not all on the 1:50,000 map that link with the road at Rana NJ484066 with an easy stroll past Douneside back to the cars.

Total distance 10km, Ascent 500m, Time approx. 5hrs Meet 10:00am at car park Muirton Wood NJ485052.

Book through the Saunter Coordinator, Malcolm Smith, by Fri Nov 4th

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Walkers must wear walking boots (gaiters essential), carry WARM and waterproof clothing, hat and gloves and take plenty of food and liquids.

Culter hillwalking club has no members who are qualified leaders or instructors. Therefore anyone volunteering to assist the club on a walk cannot be held responsible for other members' welfare. Members must be aware they are solely responsible for themselves at all times. Hillwalking and mountaineering are activities with a danger of personal injury and death. Those participating in these activities should be aware of the risks and accept the responsibility for their own actions and involvement. No responsibility can be accepted by Culter Hillwalking club committee, members, guests or co-ordinators of walks for any mishap, which may occur, during a walk. Dog owners must ensure that their dogs are on a short lead at all times.

www.culterhillwalking.org.uk